

# **FASCIAL MANIPULATION®**

## Program 6 days Course Level II

### Day 1°

8.30-09.00	Welcome and Introduction to the course	Theory
9.00-10.15	Presentation of cases treated by students (each student has to bring two charts of their patients)	Practical
10.15-10.30	break	
10.30-13.00	Review of the CCs of the head and trunk	Practical
13.00-14.00	Lunch	
14.00-16.00	Review of the CCs of the lower limb Demonstration of centers of coordination by segment, position of treatment	Practical
16.00-16.15	Break	
16.15-18.00	Review of the CCs of the upper limb Demonstration of centers of coordination by segment, position of treatment	Practical

### Day 2°

8.30-10.00	Centers of Fusion (CFs)- anatomy, retinacula and diagonals	Theory
10.00-11.00	Mf diagonal and centers of fusion: ante-medio of the head and trunk	Practical
11.00-11.15	Break	
11.15-13.00	Mf diagonal and centers of fusion: ante-medio of the lower limb	Practical
13.00-14.00	Lunch	
14.00-15.00	Mf diagonal and centers of fusion: ante-medio of the upper limb	Practical
15.00-16.15	Mf diagonal and centers of fusion: ante-latero of the head and trunk	Practical
16.15-16.30	Break	
16.30-17.15	Mf diagonal and centers of fusion: ante-latero of the lower limb	Practical

17.15-18.00	Mf diagonal and centers of fusion: ante-latero of the upper limb	Practical
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Day 3°

8.30-09.45	Fascia and physiology of motor control	Theory
09.45-11.00	Mf diagonal and centers of fusion: retro-medio of the head and trunk	Practical
11.00-11.15	Break	
11.15-12.00	Mf diagonal and centers of fusion: retro-medio of the lower limb	Practical
12.00-13.00	Mf diagonal and centers of fusion: retro-medio of the upper limb	Practical
13.00-14.00	Lunch	
14.00-15.30	Diagonals: Treatment Strategies and the global assessment chart	Theory
15.30-15.45	break	
15.45-16.30	Mf diagonal and centers of fusion: retro-latero of the head and trunk	Practical
16.30-17.15	Mf diagonal and centers of fusion: retro-latero of the lower limb	Practical
17.15-18.00	Mf diagonal and centers of fusion: retro-latero of the upper limb	Practical

Day 4°

8.30-10.30	Revision of the CCs and CFs of the head and trunk	Practical
10.30-10.45	Break	
10.45-13.00	Revision of the CCs and CFs of the lower limb	Practical
13.00-14.00	Lunch	
14.00-16.00	Revision of the CCs and CFs of the upper limb	Practical
16.00-16.15	Break	

16.15-18.00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, re-assessment. Questions	Demonstration and discussion
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#### Day 5°

8.30-10.00	The Fascial Manipulation® Spirals	Theory
10.00-10.15	break	
10.15-11.30	Demonstration of the Spirals by the participants	Demo Practical
11.30-13.00	Treatment Strategies for Spirals	Theory
13.00-14.00	Lunch	
14.00-16.30	Treatment of the participants with supervision	Practical
16.30-16.45	Break	
16.45-19.00	Review of the charts and discussion	Demo Practical

#### Day 6°

8.30-11.00	Treatment of a patient by group – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment.	Practical
11.00-11:15	Break	
11.15-13.00	Revision of the chart and discussion	Discussion
13.00-14.00	Lunch	
14.00-15.00	The evolution and postural adaptation	Theory
15.00-15.30	Exam	Practical
15.30-16.15	Presentation of basic principle of FMID	Theory
16.15-17.00	Discussion and conclusion	

NOTE: Manus sapiens potens est: only a knowledgeable hand is powerful.

This program may be subject to changes according to organizational requirements of either the venue or the Instructors.

## **Learning Objectives Level II**

At the conclusion of the course, the participant should be able to:

- Understand the role of retinacula in proprioception and pain. (Knowledge)
- Differentiate between spiral and diagonal motor disorders through the assessment process. (Analysis)
- Define a correct treatment strategy to restore the biomechanics of the human body. (Synthesis)
- Evaluate the quality of the retinacula through palpation verification and treat appropriate the points (Center of Fusions) restoring the gliding of the retinacula. (Evaluation)